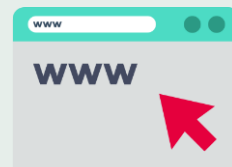


SAFE + SOUND Over 60s Event



Friday 7th December, 2018



Haling Dene Centre, Cannock Road
Penkridge Staffordshire ST19 5DT



9am arrival (9.30 start). 1.30 finish



Attend all of these useful workshops! (9-1)

- Fire safety in the home –
Staffordshire Fire and Rescue Service
- Fraud and Cyber Crime Awareness –
Staffordshire Police
- Basic life support, CPR and use of a defibrillator –
HMB Training
- Older Road Users –
Staffordshire Safer Roads Partnership
- Wellbeing Toolbox –
South Staffs Network for Mental Health



Book your **free** place by email on
safeandsound@staffordshirefire.gov.uk
or call 01785 898791

Refreshments provided
Freebies available



Tea and teach– bring your tablets/phones/laptops – an opportunity to have 1;1 instruction and problem solving with an expert following Safe+Sound workshops.

